




	<p>Headspace</p> <p>headspace is our national online and phone support service, staffed by experienced youth mental health professionals.</p>
	<p>Kids Helpline</p> <p>Kids Helpline is Australia's only free 24/7, confidential and private counselling service specifically for children and young people aged 5 to 25 years.</p> <p>Call 1800 55 1800 (24 hours a day)</p>
	<p>Lifeline</p> <p>Lifeline WA provides all Western Australians experiencing a personal crisis or thinking about suicide with access to 24 hour crisis support and suicide prevention services.</p> <p>People call Lifeline's 24 hour crisis line 13 11 1</p>
	<p>Black Dog Institute</p> <p>The Black Dog Institute is a not-for-profit facility for diagnosis, treatment and prevention of mood disorders such as depression, anxiety and bipolar disorder.</p>
	<p>Everymind</p> <p>Everymind is a leading Institute dedicated to the prevention of mental ill-health and suicide. We have been delivering successful mental health and suicide prevention programs for over 25 years.</p>
	<p>Suicide Call Back Service</p> <p>Suicide Call Back Service provides a free counselling for <i>suicide</i> prevention & mental health via telephone, online & video for anyone affected by <i>suicidal</i> thoughts, 24/7. Phone:1300 659 467</p>



Beyond Blue

[Beyond Blue](#) is an Australian mental health and wellbeing support organisation. They provide support programs to address issues related to depression, suicide, anxiety disorders and other related mental illnesses
Phone: 1300 22 4636



Reach Out

[ReachOut](#) is the most accessed online mental health service for young people and their parents in Australia.



Sane Australia

[SANE](#) Australia is a national charity making a real difference in the lives of people affected by complex mental health issues

Phonel:1800187263



Perth Aboriginal Services

[Perth Aboriginal services](#) – mental health services